VIDEO TRAINING RECORD		
VIDEO TITLE ABC's of Supervision	VIDEO ID NUMBER PARKS001	

KEY TEACHING POINTS OF THE VIDEO

PLAYGROUND SAFETY CONCEPTS

This video provides strategies which an effective supervisor must know in order to prevent injuries. Although being safe on the playground is everyone's responsibility, supervisors of children have a special role in providing safe playgrounds. It is estimated that over 40% of the playground injuries may be related to inadequate supervision. Not all injuries can be prevented but various procedures can be practiced in order to enhance supervision. The video reinforces the major points of supervision of children on playgrounds. These three points are Anticipation, Behavior, and Context.

ANTICIPATION of potential problems on the playground is a critical practice that supervisors must develop. Careful anticipation and elimination of visible hazards may prevent children from being injured.

- Before children enter the playground, the supervisor needs to be sure that there is adequate surfacing material to cushion a fall, especially
 under climbing equipment, at the bottom of slides and under swings.
- Be sure that open S-hooks get clamped so that clothing does not get caught.
- Be sure that all use zones have appropriate amounts of surfacing.
- Be prepared to direct children to appropriate areas for play.

BEHAVIOR on the playground will be reflective of children's needs and what the adults accept. It is normal for children to be moving more vigorously and making more noise outside than inside.

- Encourage children to be involved in writing general rules for acceptable behavior. There should be no more than 5 rules for elementary school children. Review the rules often.
- Limit the number of children on equipment to the recommendations of playground manufacturers
- Supervisors should scan the playground often every 20 seconds is recommended. They should keep their eyes open in order to spot
 potential problems.
- Moving through the playground allows supervisors to be near children. Children appreciate the proximity of an adult to watch them
 perform. Such nearness can often prevent unwanted behavior.
- A good supervisor should move in an unpredictable manner throughout the playground. This also means that supervisors should not
 expect to be standing with other adults to catch up on other news.
- Either remove strings from hoods or do not allow children with strings in hoods to play on equipment. Send notes home to parents explaining why strings can be dangerous.
- Follow the four behavior-related ideas that HELP supervisors:
 - Remember How children play
 - Make Eye contact with children from time to time
 - Limit the number of children on equipment
 - Maintain Proximity to children

CONTEXT on the playground includes the environment in which play occurs. The environment must be safe in order to prevent children from being injured.

- There should be the same ratio of adults on the playground as there are in the indoor classroom.
- The geographic area may necessitate increased numbers of supervisors.
- The layout of equipment may indicate that more supervisors are needed. Children should be visible to supervisors.
- A well trained supervisor who walks the playground is more effective than three adults standing in the same area.
- Make a supervision plan. It is important to know what to do in an emergency. It is also a good idea to educate children about safe playground behavior.

QUESTION		ANSWERS	
		TRUE	FALSE
1 BEHAVIOR on the playground will be reflective of children's needs and what the adults accept.			
2 A good supervisor should move in an unpredictable manner throughout the playground.			
3 Be sure that all use zones have appropriate amounts of surfacing.			
4 Although being safe on the playground is everyone's responsibility, supervisors of children have a special role in providing safe playgrounds.			
5 You can watch the children while talking to others.			
EMPLOYEE'S NAME	EMPLOYEE'S SIGNATURE	DATE	
INSTRUCTOR'S NAME	INSTRUCTOR'S SIGNATURE	DATE	